

HOOK

Bring a few fruits for show & tell. Can be fresh or plastic etc.

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Who knows what fruits these are?

Which tree to they come from? Show a few different trees and get the kids to guess.

If I have a banana tree in my garden, and I want it to produce durians, is that possible? No

I know, let me talk nicely to the banana tree. *Dear Banana tree, I really want to eat durians. Can you please give me some durians? Or just 1? Just 1 will make me happy already!*

Hmph. That's not working. Maybe I'll use my Mummy Voice and command the banana tree to produce durians!

Or let's beg banana tree to give us durians! We have to do it together, then the banana tree may agree. *Please*, *please*, *pretty please*...

Maybe I'll do a durian dance. Or maybe let's all do a durian dance! (Get kids up to do some funny actions. Song suggestion: https://www.youtube.com/watch?v=QgSCq56T_To)

Oh dear. No durians ... Why do you think so? Because banana trees give out banana fruits!

If I want a durian, what tree should I look out for? Durian tree!

Oh ... so banana trees give out banana fruits. And durian trees give out durian fruits!

Do you know the Bible talks a lot about trees and fruits? Let's find out more today!



LESSON: GALATIANS: FRUIT OF THE SPIRIT (GAL 5:22-23)

Jesus is the Vine

Jesus tells us the He is the vine, and we are the branches (John 15:5). If we remain in Him, and He in us, we will bear much fruit; apart from Him, we can do nothing!

What fruit will we bear?

Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

Briefly go through each attribute and get the kids to:

• Explain what they think it means

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- Share how they show this attribute in their lives
- Share which attribute is lacking in their lives

When we look at this list, there are many attributes that we may not display in our everyday life. For example, I get angry and frustrated very easily — I may not show joy or patience. I always want what I don't have — I may not show self-control.

The Fruit of the Spirit in Jesus

In the coming weeks, we will see how one Man could embody ALL the fruit of the Spirit in His life. Can you guess who that Man is? *Jesus*!

That's right! And we'll see how when Jesus is in our lives and we are in Jesus, His Holy Spirit bears these fruit in us!

We don't have to try to squeeze a durian out of a banana tree!

We have a Jesus tree, so we bear Jesus fruit!



ACTIVITY SUGGESTION

Song: Fruit of the Spirit (by Steve Green)

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https://www.youtube.com/watch?v=PLJt_85MNLY

Fruit Tree Game

Picture of tree (on screen or on wall) and pictures of fruits labelled with the each fruit of the Spirit.

Option 1: Mix up all the fruits of the Spirit. Have children put the fruit in order according to the scripture verse. You can do this as a relay. One person at a time putting one fruit in the right place until all are in order.

Option 2: Have all the fruit on the tree. Remove different fruits. Have children guess what fruit has been removed.

Related Craft with Memory Verse (Gal 5:22-23)

Fruit salad

Get kids to mix some fruits together and enjoy as snack!

Close in prayer. Thank you Jesus that you bear fruits in and through us! Invite those who want to abide in Jesus to ask Him into their hearts.