

LESSON

We're going through Psalm 8 together.

Last week, we looked at Psalm 8:1-2.

*O Lord, our Lord,
how majestic is your name in all the earth!
You have set your glory above the heavens.*

*2 Out of the mouth of babies and infants,
you have established strength because of your foes,
to still the enemy and the avenger.*

We learnt about how God is majestic and deserves all praise and worship ... and we, the babies, infants and young children, can all worship Him all the time.

Today we will look at Psalm 8:3-4

*3 When I look at your heavens, the work of your fingers,
the moon and the stars, which you have set in place,*

*4 what is man that you are mindful of him,
and the son of man that you care for him?*

Who wrote Psalm 8? David

David was a shepherd boy before he became king. He was the youngest in his family, often overlooked and left out of his elder brothers' business. He wasn't even there when all his brothers met with Samuel. Maybe David felt small and insignificant sometimes. But when he looked at the stars in the skies (I'm sure he had to work the night shift many times as a shepherd boy), he saw the wonder of God's handiwork — the vastness of the universe. And David knew that the God who made all that was the same God who made him and loved him.

Do you feel small and insignificant sometimes? In comparison to the universe, we are small and insignificant/unimportant. But do you know Jesus loved us so very much that He came down and became as small and insignificant as you and me, so that He could die for us, so that we can become part of His family!



A look at the stars

The tiny stars high up in the sky are actually large balls of gas; most of them are larger than our entire planet or even our sun. Our sun is actually a medium-sized star — the nearest star to earth — and it gives energy to all life on earth.

Who knows how many planets we have in our solar system? 8 — name them

Which galaxy is our solar system in? Milky Way

Do you know ... there are more stars in the sky than all the grains of sand on earth?

Do you know ... the brightest star in the sky is called Sirius (Dog Star)?

Suggested video (for younger kids): <https://www.youtube.com/watch?v=WBagTadnCvc>

Suggested videos (for older kids):

The sizes of planets and suns in the known universe

<https://www.youtube.com/watch?v=rRilWL04po8>

How big our galaxy (and God) is

<https://www.youtube.com/watch?v=aVsQCLyoU3o>

Do go through these videos beforehand. It is always helpful to explain and point out stuff while it is playing, so that the kids can understand it better. It's an amazing look at the God of the universe.

All these magnificent stars and planets and galaxies point us to a Creator. They were not just there by chance. They were there by design.

God created the whole universe, including the stars. The stars of one of God's most impressive creations. And there are sooooo many of them. What we do know about the universe is only a very small part of God's creation.

When we think about how wonderful the stars it might seem like they are one of God's most wonderful creations. But there is something that God created that He cares for even more than the stars. Can you guess what it is? Us! God's love for us is even greater than all the stars in the sky.

We are so tiny in the whole scheme of things. Our planet is tiny in our own solar system. In our galaxy. And yet, the Creator of Heaven and Earth chose us, called us by name, to become His sons and daughters. We are His brightest star!

ACTIVITY SUGGESTIONS

SONGS/WORSHIP:

Theme song: How excellent your name is

<https://youtu.be/-a2Ayo8dXtE>

ACTIVITY (for younger kids):

Give each child star shaped cookie cutters and play doh and let them play.

GAME: Star Leg Review

Read through the memory verse **Psalm 8:3-4**.

*When I look at your heavens, the work of your fingers,
the moon and the stars, which you have set in place,
what is man that you are mindful of him,
and the son of man that you care for him?*

Have all of the children sit in a circle on the floor with their legs spread out and their feet touching. This should create a star shape. While sitting in the star shape, pass a ball around the circle and repeat the bible verses. Whoever has the ball when you are finished repeating the verse is out. Keep playing until only one student is left in the circle.

(Simplify verse for younger kids, e.g.

“God made the heavens, the moon and the stars. God made me. God cares for me.”)

HUDDLE TIME:

Kids to break up in small groups — normally a girls group and boys group works best.

Get kids to take turns sharing what they can praise God for. E.g. “I praise God because He is ...”

Pray for one another.

Close in prayer.