

LESSON OBJECTIVES

CHILDREN WILL LEARN ...

We can follow Jesus and tell others about Him

SCRIPTURE REFERENCES

Luke 5:1-8

CLASS PLAN

TIME: 50 mins	
10 mins	<ul style="list-style-type: none">• Welcome / Cheer• Attendance• Run through boundaries with kids• Commit class and kids to God in prayer
10 mins	<ul style="list-style-type: none">• Bible story
10 mins	<ul style="list-style-type: none">• Lesson
5 mins	<ul style="list-style-type: none">• Memory Verse
5 mins	<ul style="list-style-type: none">• Activity/Review
10 mins	<ul style="list-style-type: none">• Huddle Time

STORY

One day, Jesus went to the Sea of Galilee. People crowded around Him and listened to the word of God.

There were two fishing boats at the shore, one belonging to a fisherman named Simon. Jesus got into Simon's boat and asked him to put the boat a bit further from the shore. Then Jesus sat down and taught the people from the boat.

After he taught the people, he told Simon, "Go to the deep water and put down the nets for a catch."

Simon wasn't so sure. After all, he was the fisherman. "Master, we've worked hard all night and haven't caught anything." Simon was tired from being out all night. He didn't want to try to catch fish again.

Yet, somehow, this strange man Jesus seemed to know something he didn't. So Peter said, "But because you say so, I will let down the nets."

So Peter and his friends cast the net into the water. And guess what happened?! Suddenly the whole net was full of fishes! There were so many, that the nets began to break!

So they called their partners, James and John, to help them! And both boats were soooo full that they began to sink!

Suddenly Simon fell at Jesus' knees and said, "Go away from me, Lord; I am a sinful man!"

Jesus told Simon, "Don't be afraid; from now on, you will fish for people."

So Simon, James and John pulled their boats up on the shore, left everything and followed Jesus.

THE GOSPEL

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JESUS CALLS US TO FOLLOW HIM

ACT IT OUT (suggestion)

Props: Long table, 2 badminton nets, many cut-out card fishes (can be reused for craft)

Set up a long table on its sides on the stage to resemble the side of the boat.

Pin the cutout card fishes to one of the nets; fill up the net if possible. Hide this net between the table and the wall. (You may want to stick one edge of the net to the back of the table for easy access).

Place the other empty net on the stage, visible to the kids.

Teacher sits on chair on the stage, as if in a boat, while telling the story. When it comes to putting down the nets, take the empty net and cast it behind the table.

Then do a “switch” and pull up the “full” net, slowly, as if it’s very heavy.

Call 2 boys to come on stage to help you pull the nets too.

When the “full” net is on the stage, let the boys sit down and continue with the rest of the story and lesson.

LESSON

JESUS IS GOOD ENOUGH

When we do things on our own effort, sometimes we get little or no results. Like the fishermen who worked long and hard, through the night. But when Jesus tells you where to go and what to do, the result is more than you can ask for or imagine.

Like Simon, we have to realise that no matter how good or clever we are, we cannot be good enough to meet God's standards.

But the good news is, Jesus is good enough!

And when we trust in Him, He makes us good enough too.

Isn't that good news? Don't you want to tell other people how good Jesus is?

JESUS IS MORE THAN ENOUGH

After this fantastic miracle, Jesus tells the disciples: *"Don't be afraid; from now on you will fish for people."* (Luke 5:10b)

In another book of the Bible, Matthew records: *"And he said to them, 'Follow me, and I will make you fishers of men.'" (Matthew 4:19)*

Because they have seen how good Jesus was, Simon, James and John pulled their boats up on the shore, left everything and followed Him.

Once you know how good Jesus is to you, you will be like the fishermen — you will leave everything (your own efforts, your achievements, your strengths) to follow Jesus.

Jesus is good enough, and Jesus is more than enough.

And we can share His love and grace to all your friends too!

ACTIVITY SUGGESTIONS

MEMORY VERSE

"Don't be afraid; from now on you will fish for people." (Luke 5:10b)

Prepare 2-3 sets of 9 fish cutouts, and write one word on each cutout:

| From | now | on | you | will | fish | for | people | Luke 5:10b |

Divide kids into 2-3 groups. Pass each group a set of jumbled up fish cutouts, and let them arrange them to form the verse.

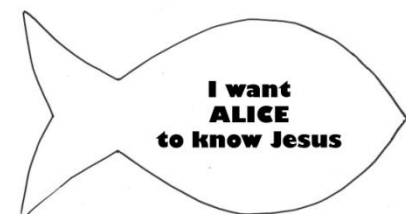
CRAFT

Each kid gets a cutout card fish (can use the same ones used in the story telling). Punch a hole for a ribbon to make a bookmark.

Have them write the memory verse on one side of the fish.

On the other side, let them write the name of a friend that they'd like to share the good news of Jesus with.

Lead them to pray for the friends who do not yet know Jesus' love and goodness.



SONG

I will make you fishers of men

<https://www.youtube.com/watch?v=UKYespl69ZA>

REVIEW

1. Where was Jesus in this story? *By the Lake of Gennesaret (or the Sea of Galilee)*
2. Where did Jesus preach from? *Simon's fishing boat.*
3. What did Jesus tell Simon to do after he finished speaking?
To put out into deep water and let down the nets for a catch.
4. How did Simon Peter respond? How do you think he felt?
"Master, we've worked hard all night and haven't caught anything. But because you say so, I will let down the nets." Simon was tired from being out all night. He didn't want to try to catch fish again. After all, he was the fisherman, the "expert". Yet, somehow, this strange man Jesus seemed to know something he didn't, so he obeyed.
5. What happened next?
They caught a large number of fish until their nets began to break. Then they signalled their partners in the other boat to come and help them, and both boats were so full until they began to sink.
6. What was Simon's response to this miracle?
He fell at Jesus' knees and said, "Go away from me, Lord; I am a sinful man!"
7. What did Jesus say? And how did the fishermen respond?
"Don't be afraid; from now on, you will fish for people." Then Simon, James and John pulled their boats up on the shore, left everything and followed Jesus.

HUDDLE TIME

Do you know how good Jesus is? Do you want to tell others about Jesus? Who do you want to share Jesus with? Pray for each other and our friends.

LESSON OBJECTIVES

CHILDREN WILL LEARN ...

Jesus is able and willing to heal

SCRIPTURE REFERENCES

Luke 5:12-14

CLASS PLAN

TIME: 50 mins	
10 mins	<ul style="list-style-type: none">• Welcome / Cheer• Attendance• Run through boundaries with kids• Commit class and kids to God in prayer• Video song: Jesus Song https://www.youtube.com/watch?v=Rn84AYtFUSM
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STORY

Act it out ideas: use baby powder to cover face, arms etc. to depict leprosy; wipe off when "healed"

Jesus went to town one day and met a man with leprosy.

Who knows what leprosy is?

Leprosy is a disease that affects the skin, nerves, limbs and eyes. It can cause fingers and toes to be shortened and deformed. It's an infectious disease. In the Bible, leprosy can also refer to other infectious skin diseases.

If you are too close to the leper, you could get infected with leprosy yourself. So nobody liked to be near a leper. If they saw a leper coming, they would go far, far away.



These lepers were outcasts; they had to stay outside of town. When they come into town, they had to announce loudly, "Unclean, unclean" to warn others of their presence.

Can you imagine what it's like to live like that?

This leper must have been so tired of living this way. When he saw Jesus, he forgot all the rules of staying away from other people.

He fell face down to the ground and begged Jesus, "Lord, if you are willing, you can make me clean."

This man must have heard of Jesus' miracles. He knew Jesus could heal him. But was Jesus willing? Maybe he wasn't good enough to be healed. Maybe Jesus couldn't be bothered about someone like him. Maybe Jesus didn't want to be contaminated by him.

How do you think Jesus reacted?

Jesus reached out his hand and touched the man. Isn't that amazing? Nobody wanted to be near lepers. Nobody touched him for years. And here was Jesus, touching him! Jesus could have just stood at a distance and healed the man, but He reached out and touched him, showing His love.

Then Jesus said, "I am willing. Be clean!" And immediately ... the leprosy left him! Praise the Lord!

[for older kids, continue until vs16]

LESSON

JESUS IS ABLE

The prophet Isaiah tells us that Jesus will “carry our sicknesses and diseases”. And He did that on the Cross. Every Sunday, we take communion and remember that Jesus’ body was broken so that our bodies will be made whole.

Have you experienced Jesus’ healing in your life? *Share a testimony and get kids to share too.*

JESUS IS WILLING

But even though we know Jesus can heal us, sometime we don’t think He wants to.

We think that maybe He won’t heal us because we’ve been naughty or we’re not good enough. We think maybe He’s got more important things to do. We think maybe He wants us to be sick so we can learn a lesson.

But just as with the leper, Jesus is full of compassion, and He is reaching out His hand to touch us, and He is saying, “I am willing. Be clean!”

Jesus said that He was willing to heal the man. And He tells us the same thing today: Whatever our sickness or problems, He is willing to heal and solve them for us! In fact, He already did at the cross 2000 years ago!

He is able to heal us. And more importantly, He is willing! He is reaching out to touch us with love and compassion!

If anyone of you are sick today, put your hand on the part of the body that’s not feeling well. And pray this prayer: *“Thank you Jesus that when you died on the cross, You carried all my sins and sicknesses. Thank you Jesus that you are able to heal me. Thank you Jesus that you are willing to heal me. In Jesus’ name, I receive my healing. Amen!”*

ACTIVITY SUGGESTIONS

MEMORY VERSE

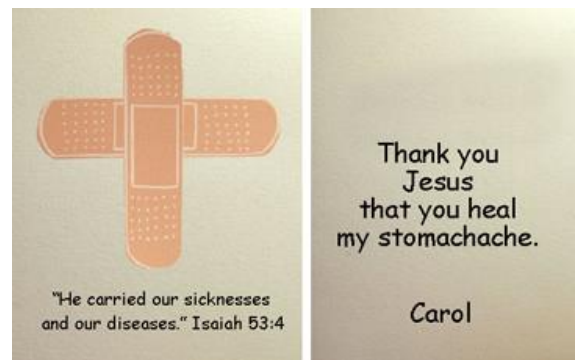
"Filled with compassion, Jesus reached out his hand and touched the man. "I am willing," he said. "Be clean!" (Mark 1:41)

CRAFT

Materials: Notecards and band aids

On one side of the notecard: Stick 2 band aids on it as a cross and write the memory verse on the card.

On the other side of the notecard: Write a prayer of thanks for Jesus' healing for themselves or other people. "Thank you Jesus for healing me of _____" or "Thank you Jesus for healing my mummy of _____"



REVIEW

1. Who did Jesus meet in the village? *A man covered with leprosy.*
2. What is leprosy? *Leprosy was a dreaded and infectious skin disease that leads to physical disfigurement due to loss of sensation at the nerve receptors (they cannot feel pain) and degeneration of tissue.*
3. How were people with leprosy treated? (cref Lev 13:45-46)
According to the Law, people with leprosy were considered "unclean" and shunned. They had to live apart from their family, outside the town, and shout "unclean" when in the presence of others. In the Old Testament, leprosy was a sign of God's judgement and a consequence of sin.
4. What did the man do when he saw Jesus? Why do you think he said that?
He fell with his face to the ground and begged him, "Lord, if you are willing, you can make me clean."
5. How did Jesus respond? Why do you think He did what He did?
Jesus reached out His hand and touched the man. He said, "I am willing. Be clean!" And immediately the leprosy left him. Jesus wanted to demonstrated God's grace and compassion by showing love and healing to lepers.

[for older kids]

6. What did Jesus tell the man to do next?

Jesus told the man not to tell anyone about the miracle but to go show himself to the priest and offer the sacrifices as a testimony to them. This was so the man could be reconciled back to his family and society.

7. Still the news got out, and people flocked to Jesus who was still willing to heal them of their sicknesses. But where would Jesus often go to and why?

He would withdraw to lonely places to pray. He knew that all good things came from God. He could only give what He had received from God, not from His own strength. So Jesus loved to spend time with His heavenly Father and receive from Him.

Likewise, whatever we do or give, it has to come from the overflow of our lives, not from our own selves or strength. So before we serve or minister, we should spend time with God and receive from Him. Then it will overflow from our lives to others around us.

HUDDLE TIME

Do you know Jesus? Do you know He is able and willing to heal? Pray for someone (each other or family member/friend) who is not well.

LESSON OBJECTIVES

CHILDREN WILL LEARN ...

We can rest in Jesus

SCRIPTURE REFERENCES

Luke 8:22-25

CLASS PLAN

TIME: 50 mins	
10 mins	<ul style="list-style-type: none"> • Welcome / Cheer • Attendance • Run through boundaries with kids • Commit class and kids to God in prayer • Video song: Jesus Song https://www.youtube.com/watch?v=Rn84AYtFUSM
10 mins	<ul style="list-style-type: none"> • Bible story
10 mins	<ul style="list-style-type: none"> • Lesson
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10 mins	<ul style="list-style-type: none"> • Huddle Time

STORY

Tell the story of Jesus calming the storm from Luke 8:22-25.

Act it out idea:

Have children form two separate groups with enough space between them that you or another leader can pass between the groups.

Say: One day, time Jesus was on a boat with his disciples. As I tell you this story, one group will help by making the sounds of the sea as a giant storm comes through. The other group will pretend to be the frightened disciples.

Show each group its role, and allow groups to practice.

Group A (the sea)—Kids will sit and rock from side to side, chanting, “Swoosh, swoosh, swoosh.” Their chanting will grow in intensity when you lift your hand, soften when you lower it, and stop abruptly when you do a cutting motion.

Group B (the disciples)—Kids will put their hands on their cheeks and cry out, “Oh me, oh my! We’re all gonna drown!”

Say: When I give you the signal by pointing to your group, you will act out your part of the story. Listen and watch for your part.

One night after a long day of preaching to the people, Jesus decided to get into a fishing boat with his disciples and go across a sea to the other side. Leaving the crowd behind, Jesus and his friends got into the boat. **Point to Group A.** When they had sailed to the middle of the sea, a storm began to kick up waves. **Point to Group A.** The boat rocked back and forth and up and down over the waves. The storm grew stronger and more furious. **Group A should be getting louder now.**

Jesus had fallen asleep almost as soon as the boat left the shore. Even though the sea was tossing the boat around, he was still asleep. But his disciples were beginning to get really afraid. **Point to Group B.** They tried lowering the sail and throwing out the anchor, but nothing worked. **Point to Group B.** They bailed out the water, but still the storm raged. The boat was close to sinking. **Point to Group B.**

Finally, they couldn’t stand it any longer. Jesus was still sound asleep, so they woke him up. They said, “Teacher, don’t you care if we drown?” **Point to Group A and Group B.**

With that, Jesus stood up in the boat and shouted out, “Quiet! Be still!” **Signal for everyone to be quiet.** The wind died down, the waves grew calm, and the boat stopped sinking.



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JESUS HAS AUTHORITY OVER WIND & WAVES

Jesus looked at his disciples, who were now soaking wet and shaking with fear. He said to them, “Why are you so afraid? Didn’t you believe that I would take care of you?”

The disciples were no longer afraid, but they were amazed. They turned to each other and asked, “Who is this? Even the wind and the waves obey him!”

Group A and B to applaud themselves for acting out the story so well.

LESSON

JESUS IS IN OUR BOAT

We've learned that Jesus has authority over sickness and death, and Jesus has power to forgive sins. Today we see that Jesus also has authority over nature — even the winds and the waves obey Him.

When we encounter challenges and problems in life, they seem like the strong winds and big waves. Our boat seems to be flooded, and we feel like we're going to sink and drown.

It's important to realise that Jesus is in the boat with us. And if He's in the boat, we will never sink. Nothing is too difficult for Him. All we have to do is to have faith in Him and trust Him.

If you are going through a difficult time now at home or at school, remember Jesus is there with you always. The winds and waves may be big, but Jesus is much, much bigger. We can speak with His authority into whatever situation we are in and see it calm down.

Let's pray: *Thank you Jesus that You are in the boat with me. I do not have to be afraid of the wind or waves. I can trust in You, and You will carry me through. In Your name, I pray, Amen.*

ACTIVITY SUGGESTIONS

SONGS

With Christ in the Vessel, we can smile at the storm

<https://www.youtube.com/watch?v=2MNdzmzAlmIs>

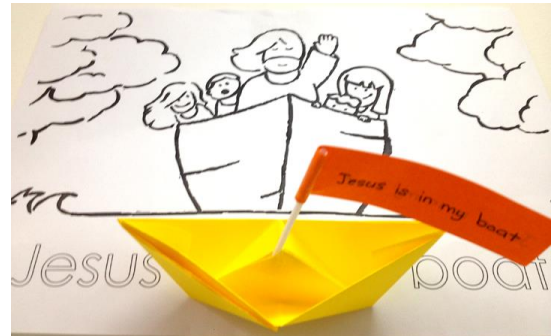
<http://www.youtube.com/watch?v=64B4iEfSGso>

Still (Hide me now)

<http://www.youtube.com/watch?v=i4F7rtez9iM>

Refuge (with sign language)

<https://www.youtube.com/watch?v=l9BbT90NrXg>



REVIEW

1. Where were Jesus and the disciples? *Crossing the Sea of Galilee in a boat.*
2. After a full day of ministry, Jesus fell asleep in the boat in the stern. What happened next? *A windstorm on the lake. Strong winds, big waves, boat filling up with water.*
3. Do you think the disciples would have been surprised by it? *Several of the disciples were seasoned fishermen who would have been used to bad storms while fishing. This storm must have been particularly bad and frightening for them to be afraid. They thought they were going to drown and die.*
4. What did they do next? *They came to Jesus, who was still sleeping, and woke Him up, saying, "Master, Master, we are drowning!" (or "Teacher, do you not care that we are drowning?") They couldn't believe that Jesus could sleep through the storm while they were panicking away.*
5. What did Jesus do? *Jesus got up, scolded the wind and said to the waves, "Peace. Be still!" And there was calm. Then He said to the disciples, "Where is your faith?" (They had seen Jesus' many miracles. Jesus was in the boat with them. And yet, they were afraid that they would die.)*

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JESUS HAS AUTHORITY OVER WIND & WAVES

6. We've learned that Jesus has authority over sickness, death and sin. Today what do we see Jesus having authority over?

Nature — even the winds and water obey Him.

HUDDLE TIME

Share about the storms you face in your lives. Pray for Jesus' peace to fill each of us.

LESSON OBJECTIVES

CHILDREN WILL LEARN ...

We have God's Spirit in us

SCRIPTURE REFERENCES

Luke 8:26-39

CLASS PLAN

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STORY

Tell the story of Jesus calming the storm from Luke 8:26-39.

Act it out idea:

Might want to play act it out by messing up your hair and looking like a 'mad' person as you tell the story.

Remember what we learnt 2 weeks ago? Jesus and his disciples were in a boat on the lake when there was a sudden large thunderstorm!

After Jesus calmed the storm, the boat reached the other side of the lake to the country of Gerasenes. (Get them to try to pronounce word)

When they went on shore, suddenly, a demon-possessed man came running up to them.

This man was under the power of an evil spirit. The evil spirit would attack him and make him do things he didn't want to do. He was naked! He was dirty.

Even though the man was chained up on his hands and feet, with someone always watching him, the evil spirit would cause him to break the chains and go stay in the tombs — where dead people are placed.

Jesus commanded the evil spirit to leave the man.

The evil spirits recognised who Jesus was. They were afraid because they knew this was someone who had authority over them.

The man fell down before Jesus and cried out loudly, "What do you want with me, Jesus, Son of the Most High God? I beg you, don't torture me!"

Jesus asked, "What is your name?"

The evil spirit answered, "Legion", which meant many demons.

The evil spirits begged Jesus not to send them to the bottomless pit but into a herd of pigs nearby.

Jesus permitted them. The evil spirits went out of the man and entered the pigs, who ran violently off the cliff, into the lake and drowned.

That must have been quite a scary sight —so many pigs just running off a cliff. Can you imagine how much torture the man was under by these spirits?

Those who saw what happened went to tell other people.

When they returned, this man was sitting at the feet of Jesus, clothed and in his right mind. What a transformation!

They were afraid and asked Jesus to leave.

The man who was delivered from the evil spirits wanted to follow Jesus. But Jesus told him to: "Return to your own house and tell what great things God has done for you."

And the man went to tell the whole city what Jesus has done for him.

Under power of evil spirits	Under power of Jesus
Naked	Clothed
Attacked and tormented	In right mind
Stayed in solitary places/tombs	Returned to the city to tell what Jesus has done for him

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JESUS HAS AUTHORITY OVER EVIL SPIRITS

LESSON

WE HAVE GOD'S SPIRIT IN US

We've learned that Jesus has authority over sickness and death, sin, and the wind and waves.

Today we see that Jesus also has authority over evil spirits — The evil spirits knew Jesus was the Son of God, and they are afraid of Him!

Because we have Jesus in us, we don't have to be afraid of any evil spirits or ghosts or anything scary. We can command them to leave in Jesus' name.

And today, you and I have the Holy Spirit in us. We are under the power of the Holy Spirit.

The Holy Spirit helps us to do the right thing. The Holy Spirit clothes us in righteousness. The Holy Spirit gives us the mind of Christ. So we can all go and tell everyone what Jesus has done for us!

Let's pray: Thank you Jesus that at Your name, demons and evil spirits will run away. I do not have to fear them. And I thank You that Your Holy Spirit lives in me forever. In Your name, I pray Amen.

ACTIVITY SUGGESTIONS

SONGS

With Christ in the Vessel, we can smile at the storm

<https://www.youtube.com/watch?v=2MNdmzAlmls>

<http://www.youtube.com/watch?v=64B4iEfSGso>

CRAFT

Origami pig: "Jesus has power over evil spirits"

<http://en.origami-club.com/animal/pig/pig/index.html>



REVIEW

1. In the first part of Luke 8, where was Jesus and his disciples?
In a boat, crossing the Lake of Galilee.
2. Who did Jesus meet when He reached the other side? *A demon-possessed man from the town.*
3. Describe this person's appearance and condition.
Naked. Chained hand and foot. Lived in tombs.
4. What was controlling this man? *Many demons — Legion.*
5. Where did these beg Jesus to send them into? *A large herd of pigs feeding on the hillside.*
6. What does what happened next tell you about the torment the man was put under?
The pigs rushed down the steep bank and drowned in the lake. The man was under a lot of oppressive powers that caused him great harm and could lead to his death.
7. The man was delivered, but interestingly, the people's reaction was fear and they asked Jesus to leave. But what did the man want to do? And what did Jesus tell him to do?
The man begged to go with Jesus, but Jesus tells him to return home and tell how much God has done for him. So the man told the whole town about what Jesus has done for him.

8. State the difference in the man before and after Jesus delivered him.
- | | |
|---------------------------------|--|
| Under power of evil spirits | Under power of Jesus |
| Naked | Clothed |
| Attacked and tormented | In right mind |
| Stayed in solitary places/tombs | Returned to the city to tell what Jesus has done for him |
9. The evil spirits/demons were afraid of Jesus. They recognised that He had power over them. Do we need to fear the demons?
- No. We have Jesus in us, and the demons will also be afraid of us. We can command them to leave in Jesus' name.*

HUDDLE TIME

Share about what it means to have God's Holy Spirit in us. Pray for one another.

LESSON OBJECTIVES

CHILDREN WILL LEARN ...

Jesus heals

SCRIPTURE REFERENCES

Luke 8:43-48

CLASS PLAN

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HOOK

Who touched me?

Have the children sit in a circle. One person sits in the middle and is blindfolded. Children will take turns as the teacher quietly points to each one, to go to the child in the middle and TOUCH that children and quietly run back to the circle. Then the blindfold can be removed and the child can try to guess who TOUCHED him/her. If he guesses it correctly, then that child goes to the middle to be blindfolded, etc.

Touch the Teacher

Blindfold the teacher and let children take turns touching the teacher's back. The teacher will have to guess what part of the child's body touched the teacher's back — such as a finger, a nose, an elbow, a toe, an ear, etc!

Can also let kids be the ones to guess who touched them.

STORY

Tell the story of Jesus calming the storm from Luke 8:26-39.

Act it out idea:

Use a long cloak (e.g. blanket) as a story prop

Once there was a woman. The Bible doesn't tell us her name.

All we know is that she had been bleeding for 12 years. 12 years is a long, long time to be bleeding.

She was probably in pain and uncomfortable.

She was also considered "unclean". She couldn't go out to have fun with her friends. She had to stay away by herself. Do you remember who else were considered "unclean" in Jewish society? *Lepers*

This woman went to many doctors. She spent a lot of money. But instead, she got worse! Nobody could heal her.

But she heard there was someone who could heal her — Jesus.

One day, she heard that Jesus was in town. Even though she was not supposed to be out in public, she decided to go see Jesus. She thought to herself, "If I just touch His clothes, I will be healed!"

That is faith, children. Believing in Jesus even when everything seems hopeless!

Jesus had just returned from the other side of the lake of Galilee, where He delivered the legion of demons from a man. He was quickly summoned to heal a little girl who was dying.

There were many people surrounding Jesus. This woman crept up behind Him and touched the edge of His long cloak.

And do you know what happened? Immediately, her bleeding stopped! The woman knew that she had been completely healed!

Jesus turned around and asked, "Who touched me? I know that power has gone out from me."

Of course there were many people crowded around Jesus. Surely many people would have touched Him. But this was different. And Jesus knew it.

The woman knew she couldn't hide. She came and fell at Jesus' feet. And she told Him and everyone there what had happened to her, how God had healed her.

Then Jesus said to her, "Daughter, your faith has healed you. Go in peace."

LESSON

A TOUCH FROM JESUS

This woman believed that Jesus could heal her ... even if she just touched His clothes.

When all hope is gone, this woman had faith that Jesus could heal her. She confessed it with her mouth, "If I just touch His clothes, I will be healed."

We, too, can exercise faith in what we say. Speak out God's truth and promises, even when things may seem hopeless. We, too, can reach out in faith and receive our healing and miracle.

A touch of Jesus is so special. We only need to believe that He can help us and heal us.

When we meet Jesus, we will be transformed.

- Healing takes place
- We are given a new identity — no longer just "woman" but "daughter"
- We have His peace

Like the woman, all that is left for us to do is to tell others what God has done for us.

The woman bled for 12 years.

On the Cross, Jesus bled and died for our sins and broken bodies.

So our bodies can be clean whole. No more pain. No more bleeding. No more shame.

Thank you Jesus.

Let's pray: Thank you Jesus that a touch from You is all we need. You have the power to heal us. You have the power to make us Your sons and daughters. Thank you for loving us and working in us. In Your name, I pray Amen.

ACTIVITY SUGGESTIONS

CRAFT: Handprints

Get kids to trace their palm on multi-coloured paper/card. Cut out the handprint.

Write: A touch of Jesus heals on the palm

Can choose to paste handprints all over the room walls to decorate it, or let kids bring them home.

REVIEW

1. After Jesus returned from the other side of the lake, he was asked to go to heal a very sick girl. As he was on his way, he was surrounded by a great crowd. Who was in the crowd?
A woman who had been bleeding for 12 years.
2. What were some of the physical, financial and social sufferings she had gone through?
Physical: Bleeding for 12 years. Got worse.
Financial: Spent all she had on many doctors.
Social: Considered "unclean" and not allowed to be in contact with other people.
3. When all hope was gone, the woman heard about Jesus and faith arose. What did she say to herself? *"If I just touch His clothes, I will be healed."*
4. What happened when she touched the hem of Jesus' cloak?
Immediately her bleeding stopped, and she felt in her body that she was freed from her suffering.
5. No one else saw what she did, but her touch did not go unnoticed by Jesus. He turned around and asked who touched Him because He felt power go out from Him. What did the woman do?
She came trembling and fell at his feet. In the presence of all the people, she told them why she had touched Jesus and how she had been instantly healed. (She testified of Jesus' goodness to her)
6. What did Jesus say to her?
"Daughter, your faith has healed you. Go in peace and be freed from your suffering."

HUDDLE TIME

Share an area in your lives where you need a touch of Jesus. Speak out in faith over it.

LESSON OBJECTIVES

CHILDREN WILL LEARN ...

Jesus gives us life!

SCRIPTURE REFERENCES

Luke 8:40-56

CLASS PLAN

TIME: 50 mins	
5 mins	<ul style="list-style-type: none"> Welcome / Cheer Attendance Run through boundaries with kids Commit class and kids to God in prayer Video song: Jesus Song https://www.youtube.com/watch?v=Rn84AYtFUSM
5 mins	<ul style="list-style-type: none"> Hook
10 mins	<ul style="list-style-type: none"> Bible story
10 mins	<ul style="list-style-type: none"> Lesson
10 mins	<ul style="list-style-type: none"> Activity/Review
10 mins	<ul style="list-style-type: none"> Huddle Time

STORY

Tell the story of Jesus raising Jairus' daughter from the dead from Luke 8:40-56.

Act it out idea:

A baby doll with eyes that can open and shut when upright or lying down.

Last week we learned about a woman who had been bleeding for 12 years. When she touched Jesus, He was actually on His way to see a little girl.

This little girl was 12 years old, and she was very sick.

Her father's name was Jairus. He was a synagogue leader — a ruler of the synagogue. Even though he was an important man, when his daughter was sick, he knew that only Jesus could help.

So the moment Jesus got off the boat, Jairus fell at his feet and pleaded earnestly with him. "My little daughter is dying. Please come and put your hands on her so that she will be healed and live."

Jairus knew that Jesus had the power to heal his daughter, and he believed that she will be healed. This is called faith.

Jesus went with him. Along the way, He was "interrupted" by the woman who was bleeding for 12 years.

For Jairus, it must have been an anxious time because Jesus stopped to talk to the woman while his daughter was dying. But perhaps his faith was strengthened when he heard the woman's testimony.

But then some people came from Jairus' house and said, "Your daughter is dead. Why bother the teacher anymore?" To these people, Jesus was just a "teacher".

Jesus assured Jairus, "Don't be afraid; just believe."

Jesus brought Peter, James and John with him to Jairus' house. At the house, there were many people crying and wailing loudly. Jesus said, "Why all this commotion and wailing? The child is not dead but asleep." But the people laughed at him.

Jesus put the people out of the house, leaving only his disciples and Jairus and his wife. They went into the room where the girl was lying.

Taking her by the hand, Jesus said to her, "*Talitha Koum!*" (which means, "Little girl, I say to you, get up!")

Immediately, the girl stood up and began to walk around.

Jesus told those present not to let anyone know about this and to give the girl something to eat.

LESSON

A TOUCH FROM JESUS

Like the woman who was bleeding for 12 years, Jairus also spoke out in faith when he said, "Please come and put your hands on her so that she will be healed and live."

When the woman who was bleeding interrupted Jesus, when the people from Jairus' house told him that his daughter was dead, when the wailers and mourners were crying in the house ... despite these circumstances, Jesus still called Jairus to believe in Him.

When all hope seems gone, no matter what we are going through, we can continue to speak in faith and believe in Jesus. We can hear what Jesus said, "Don't be afraid; just believe."

Jesus is Lord over everything, even death!

He demonstrated this on the Cross, where even death and the grave could not hold Him. On the Cross, Jesus defeated death and gives us life eternal.

So even when our bodies give way, we can be "asleep" until Jesus comes again and we have our resurrected bodies.

1 Thess 4:13-17 *Brothers and sisters, we do not want you to be uninformed about those who sleep in death, so that you do not grieve like the rest of mankind, who have no hope. ¹⁴ For we believe that Jesus died and rose again, and so we believe that God will bring with Jesus those who have fallen asleep in him. ¹⁵ According to the Lord's word, we tell you that we who are still alive, who are left until the coming of the Lord, will certainly not precede those who have fallen asleep. ¹⁶ For the Lord himself will come down from heaven, with a loud command, with the voice of the archangel and with the trumpet call of God, and the dead in Christ will rise first. ¹⁷ After that, we who are still alive and are left will be caught up together with them in the clouds to meet the Lord in the air. And so we will be with the Lord forever.*

Let's pray: *Thank you Jesus that when we are faced with difficult situations, You are there with us. When things seem hopeless, You call us not to fear and to believe in You. Help us to learn to trust You more each day and to speak life and faith, according to Your promises. In Your name, I pray Amen.*

ACTIVITY SUGGESTIONS

CRAFT: Girl finger puppet



REVIEW

1. Who came and begged Jesus to heal his daughter? A man named Jairus, a synagogue leader
2. How old was the girl? 12
3. What did Jesus see when he arrived at Jairus' house? *People were wailing and mourning for the girl.*
4. What did Jesus tell them? *"Stop wailing. She is not dead but asleep."*
5. What did Jesus do with the girl? He took her by the hand and said, "My child, get up!"

HUDDLE TIME

Share an area in your lives where you need Jesus to bring life to. Speak out in faith over it.

LESSON OBJECTIVES

CHILDREN WILL LEARN ...

to keep their eyes on the Source

SCRIPTURE REFERENCES

Luke 9:10-17

CLASS PLAN

TIME: 50 mins	
5 mins	<ul style="list-style-type: none">• Welcome / Cheer• Attendance• Run through boundaries with kids• Commit class and kids to God in prayer• Video song: Jesus Song https://www.youtube.com/watch?v=Rn84AYtFUSM
10 mins	<ul style="list-style-type: none">• Bible story
10 mins	<ul style="list-style-type: none">• Lesson
15 mins	<ul style="list-style-type: none">• Activity/Review
10 mins	<ul style="list-style-type: none">• Huddle Time

STORY

Tell the story of Jesus feeding the multitude from Luke 9:10-17.

Act it out idea:

Some bread and “fish” (either fish-shaped biscuits or kueh bahulu) that can be handed out as part of the story

Jesus and his disciples went to a town called Bethsaida, which was a remote place. But when the crowds heard he was there, they all followed him.

Jesus welcomed them. He spoke to them about God’s kingdom and healed all who needed healing. There were about 5,000 men and many other women and children there ... a very big crowd.

Late in the afternoon, his disciples came to him and told him to send the crowd away to go find food and a place to stay because it was getting late.

Instead, Jesus asked them to give the crowd something to eat.

There were probably more than 10,000 people! How do you feed so many people?

There was a little boy who offered his lunch — 5 loaves of bread and two fish ... not enough for so many! The disciples said, “If we were to go buy food for them, it would cost more than half a year’s salary!”

But Jesus was not troubled by the big numbers. He just told the disciples: “Have them sit down in groups of about 50 each.”

Then when everyone was seated, Jesus took the five loaves and two fish and, looking up to heaven, he gave thanks and broke them.

Then he passed the bread and fish to his disciples to distribute.

And the more they distributed, the more they seemed to have!

People were eating the bread. People were eating the fish. And they ate and ate until they couldn’t eat any more!

The disciples were amazed.

As the crowd went off, fully satisfied, the disciples picked up the leftover bread and fish. They put them into baskets, and they filled 12 baskets of leftovers! More than enough!

LESSON

LOOK AT JESUS, NOT THE LACK

Sometimes we face problems so big that we cannot see how it can be solved. Maybe it's a big school exam. Or we need something that costs a lot of money.

In this case, it was 10 to 15,000 hungry people!

Our own supply, like this little boy, is so small — He only had 5 bread and 2 fish ... his own lunch. How can he feed such a big crowd?

But Jesus does not focus on the lack or the problem. When he holds the bread and fish, the little that they had, He fixed His eyes above on God.

JESUS PROVIDES IN ABUNDANCE

God has abundant supply. He is rich. He does not worry about lack.

And that supply today is ours because of Jesus. He became poor so that we can be rich.

We can look to Jesus and trust Him to provide for our every need. We can let Him use what little we have and see Him transform it. And He not only meets our need but supplies more than we can ever imagine.

Philippians 4:19 *And my God will meet all your needs according to the riches of His glory in Christ Jesus.*

Let's pray: Thank you Jesus that when we are faced with difficult situations, we can focus on You instead. We don't have to see our lack. We can see Your supply. We can trust You to meet all our needs, according to the richest of Your glory in Christ Jesus. In Your name, I pray Amen.

ACTIVITY SUGGESTIONS

REVIEW

1. Where did Jesus and his disciples go? What do you think they intended to do?
They went to the town of Bethsaida. The disciples had just returned from share the good news about Jesus in surrounding villages. Jesus probably wanted to spend some time with them to rest.
2. The crowds followed and found them though. How did Jesus react?
He welcomed them. Spoke to them about God's kingdom. Healed those who were sick.
3. When the disciples wanted to send the people to find food in the afternoon, Jesus asked them to give the crowd something to eat. What were the disciples' response? (See also John 6:7-9)
So many people (5,000 men + women + children). Only five loaves and two fish. Take more than half a year's wages to buy bread for everyone to have a bite.
4. What were they focusing on?
The disciples focused on the problem and their lack.
5. Jesus already had in mind what He was going to do. He had the people seated in groups of fifty each. What did he do next?
Take the five loaves and two fish, looked up to heaven, gave thanks and broke them.
6. What was the result?
Everyone had more than enough to eat and were satisfied. The disciples also picked up twelve baskets of leftover pieces.
7. What can we learn from this lesson?
Don't look at the problem or your lack. Look to the source, Jesus, and give thanks.

ANNIVERSARY CRAFT

In line with tNCC's 9th anniversary, get the kids to work on a class poster on what they can thank God for in tNCC. Include the memory verse (Philippians 4:19) if appropriate.

HUDDLE TIME

Share an area in your lives where you are facing a lack and want to see Jesus' supply. Speak out in faith over it.

LESSON OBJECTIVES

CHILDREN WILL LEARN ...

to rest at Jesus' feet

SCRIPTURE REFERENCES

Luke 10:38-42

CLASS PLAN

TIME: 50 mins	
5 mins	<ul style="list-style-type: none">• Welcome / Cheer• Attendance• Run through boundaries with kids• Commit class and kids to God in prayer• Video song: Jesus Song https://www.youtube.com/watch?v=Rn84AYtFUSM
10 mins	<ul style="list-style-type: none">• Bible story
10 mins	<ul style="list-style-type: none">• Lesson
15 mins	<ul style="list-style-type: none">• Activity/Review
10 mins	<ul style="list-style-type: none">• Huddle Time

STORY

Tell the story of Jesus feeding the multitude from Luke 10:38-42.

When Jesus visited his two friends, Martha and Mary, they must have been so excited to have Jesus in their house.

How did Martha react? She wanted to make everything perfect for Jesus. She was so busy preparing the food and cleaning the house for Jesus. She wanted Him to enjoy His time with them.

But how did Mary react? She was interested in Jesus, in spending time with Him, in hearing Him talk. So she just sat at His feet and listened.

Martha was rushing everything, and seeing Mary just sitting there made her angry. She complained to Jesus, "My sister left me to do the work by myself! Tell her to help me!"

Jesus calmed her down. "Martha, Martha, you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her."

LESSON

UPSET AND WORRIED

Martha thought Jesus would be pleased with her if she did everything right. She wanted everything to be just nice for Him.

But in her busyness, she became stressed — “upset and worried” about many things. She also became bitter and angry at people whom she thought wasn’t doing their share of the work. She complained about them.

But Jesus reminded Martha that He didn’t need all her “doing” to be pleased with her. He was already pleased with her. All she needed to do was be like Mary and to just sit and spend time with Him, resting.

It’s not wrong to want to serve Jesus. In fact, it is good to serve one another. But we cannot serve out of our own strength and we shouldn’t serve because we think it would make God love us more. Doing so would make us upset, worried, bitter and angry. We become tired and burnt out.

Let’s all learn to rest in Jesus first, to let Him fill us with His love and strength. Then our service and ministry will be an outflow of Him in our lives.

DRAW FROM THE SOURCE

Illustration idea: (You may choose to use props etc)

Torch light with battery vs Lamp plugged into socket. Once the battery runs out, the torch light will not work anymore. But the lamp is plugged into the power source and will keep on shining. If we do things on our own strength, we are running on our own battery, which will drain out eventually. But if we rest in Jesus, we’re always connected in His strength, which will never run out.

God promises rest to all of us in Christ Jesus. At the cross, Jesus has done everything for us; He becomes everything for us. When we trust in Him, we can rest and draw on His love, His joy, and His strength every day. And we can serve Him and others with His love, His joy and His strength.

Prayer: Thank you Jesus that we can rest in You because You have done everything for us. Thank you that You love to spend time with us. Thank you that we can draw all we need from You. Thank you that we don’t have to do anything to make You love us more. Thank you for loving me. In Your name we pray, Amen.

ACTIVITY SUGGESTIONS

MEMORY VERSE

Matthew 11:28 "Come to me, all you who are weary and burdened, and I will give you rest."

QUIET TIME

Play some slow worship songs. Have kids sit a bit apart from each other, close their eyes, keep quiet and just enjoy the music and God's presence for about 5 -10 minutes (depending on age/attention span).

REVIEW

1. What did Mary do when Jesus visited their house?
She sat Jesus' feet, listening to what He said.
2. What did Martha do? How did she react when she saw what Mary was doing?
She was busy making preparations (cleaning, cooking etc). She was upset that her sister was not helping her. She complained to Jesus.
3. What did Jesus say? What do you think He meant?
*"Martha, Martha, you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her."
Jesus told Martha not to be so caught up or troubled by preparations that she misses out on the "real thing" — Him. He wanted her to know that instead of being upset and worried, stressed and bitter about nobody helping her, she could just sit and rest in Him*

HUDDLE TIME

Share an area of ministry you would like to be involved in and pray that we will always remember to serve out of rest.

LESSON OBJECTIVES

CHILDREN WILL LEARN ...

to come to our giving Father

SCRIPTURE REFERENCES

Luke 11:5-10

CLASS PLAN

TIME: 50 mins	
5 mins	<ul style="list-style-type: none">• Welcome / Cheer• Attendance• Run through boundaries with kids• Commit class and kids to God in prayer• Video song: Jesus Song https://www.youtube.com/watch?v=Rn84AYtFUSM
10 mins	<ul style="list-style-type: none">• Bible story
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STORY

[Act it out ideas: a loaf of bread]

Once there was a man. He was about to sleep at night when there was a knock on his door. It was a friend visiting him. The visitor had come from a long journey and was hungry.

The man went to check his cupboards. Uh oh! There's no food in there.

So he goes to his neighbor. It's midnight, but still he knocks on the door. Knock, knock, knock.

The neighbor cannot believe his ears. "Why do you wake me at this time?"

"Please lend me three loaves of bread. A friend of mine on a journey has come to me, and I have no food to offer him."

"What?! Don't bother me. My door is already locked. My children and I are in bed. I can't get up and give you anything."

But the man persists in knocking and asking.

Finally, fed up, the neighbor grudgingly gets out of bed, opens the door and gives the man all the bread he wants — as much as he needed.

LESSON

DARE TO ASK

This neighbor was reluctant to help the man. He was already in bed. He didn't want to get up. Even though he knew the man and was his friend, he didn't want to help him.

But in the end he still did. Because the man dared to ask.

The key difference is that God is NOT a reluctant neighbor. He doesn't give us a dozen excuses about why He cannot help us. He doesn't need you to bang down His door before He decides to help us.

A.S.K.

In fact, Jesus tells us to simply: A.S.K. — **A**sk, **S**eek, **K**nock. (Luke 11:9-10)

When we have a need, ask our Heavenly Father, and we receive. If we are looking for an answer, seek, and we shall find. If we need an open door, knock, and the door will be opened for us.

Because of Jesus, and what He has done for us, we can be bold (like the man) and approach God whenever we have a need.

ACTIVITY SUGGESTIONS

MEMORY VERSE

Luke 11:9 *“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.”*

REINFORCEMENT ACTIVITY

Prepare 3 posters (A4 or A3) with pictures of: open mouth (Ask), ear, door

Round #1: Hold up each poster and get kids to shout out: Ask, Seek, Knock

Round #2: Hold up each poster and get kids to shout out:

Ask: And it will be given to you

Seek: And you will find

Knock: And the door will be opened to you

HUDDLE TIME

What is one thing you are asking, seeking, knocking for?

Do you know that God wants to help you and answer your prayer?

Pray for one another